

About Essential Skills for Aboriginal Futures (ESAF)

Essential skills are the skills needed for work, learning and life. They provide the foundation to learn a multitude of skills that enable our Aboriginal learners to evolve and adapt to changes within the workplace.

Our innovative approach to training is focused on the development of job skills required for specific job positions. Through this bridge of employer partnerships and customized training, our Aboriginal learners have the tools to support continued successful employment.

The 9-Essential Skills

- Reading
- Document Use
- Numeracy
- Writing
- Oral Communication
- Working with Others
- Thinking
- Computer use
- Continuous Learning

Pictures of Success



735 Carnarvon Street
New Westminster, BC V3M 1E6
Tel: 604 521-5929 Fax: 604 521-5931

www.accessfutures.com



ESSENTIAL SKILLS For ABORIGINAL FUTURES

In partnership with
Friendship Catering



Cooking Program

February 28 – April 8, 2011

About the Program

Essential Skills for Aboriginal Futures in partnership with VAFCS Friendship Catering is offering a 6-week training program for applicants interested in cooking. Through tailored essential skills lessons, participants will learn how to efficiently and effectively complete the operational tasks required for the position.

Three-weeks of the program will take place at the ESAF site in New Westminster, where participants will delve into lessons and activities designed to enhance their essential skills. Learning is in an interactive classroom environment and will consist of a combination of: one to one teaching, self-directed and experiential learning in a group environment. The other three weeks will be spent at the VAFCS Catering program where the culinary arts skills will be presented.

Job Requirements:

- Must be 18 years of age
- Flexibility to work various shifts
- Friendly
- Energetic
- Reliable and Punctual
- Demonstrate an ability to work with others
- Demonstrate an ability to be respectful of others/differences
- Have a passion for cooking

Course Outline

- Customized Essential Skills Training
- TOWES Testing
- Cooking skills practice
- Cultural Exploration
- Hours: 9:00am to 3:30pm
- Daily: Monday to Friday

Eligibility

- Aboriginal ancestry and able to work in Canada
- Have a referral from an ACCESS employment counselor
- 18 years of age or older
- Willingness to learn about Essential Skills
- Demonstrate reliability, punctuality, commitment and have a positive attitude
- Maintain a commitment to continuous learning



Contact Information

For more information about the Essential Skills for Aboriginal Futures VAFCS Friendship Catering program, please contact an employment counselor at one of the following ACCESS/MNBC offices:

Employment Assistance Services Offices

ACCESS Employment Assistance Services

Suite 110-1607 E. Hastings Street
Vancouver, BC V5L 1S7
Tel: 604 251-7955 Fax: 604 251-7954

ACCESS Aboriginal Connections to Employment

390 Main Street
Vancouver, BC V6A 2T1
Tel: 604 687-7480 Fax: 604 687-7481

ACCESS and MNBC Employment & Training

Suite 201-10114 King George Hwy
Surrey, BC V3T 2W4
Tel: 604 582-4791 Fax: 604 582-4753

ESAF program is funded by:

