## ABOUT THE PROGRAM

Essential Skills for Aboriginal Futures Employment and Training Competency Intake 2 is an eight-week funded Essential Skills program for participants with an interest in targeting a career path and employability through Essential Skills training.

This 4-phase program will help participants develop a career and training plan. ETC will focus on educating and moving participants forward to a level of competency that equips them to successfully meet the entry requirements for further technical skills training or employment in the career of their choice.



## WHAT ARE ESSENTIALS SKILLS

Essential Skills are the skills needed for work, learning and life. They provide the foundation to learn a multitude of skills that enable our Aboriginal learners to evolve and adapt to changes within the workplace.

### THE 9 ESSENTIALS SKILLS

- Reading
- Document Use
- Numeracy
- Writing
- Oral Communication
- Working with Others
- Thinking
- Computer use
- Continuous Learning



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# ESSENTIAL SKILLS For ABORIGINAL FUTURES

EMPLOYMENT AND TRAINING COMPETENCY PROGRAM ESAF ETC Intake 2

8-week

Essential Skills & Career Planning Program

June 3 – July 26, 2013

## **COURSE MODULES**

#### PERSONAL MANAGEMENT 1-WEEK

The program begins with personal management and accountability. Participants explore and apply practical skills for dealing with daily living situations such as: managing time, stress and change, work-life balance and self-awareness.

#### CAREER PLANNING 1-week

Participants engage in activities designed to identify and establish an attainable career path. Career Exploration includes researching occupations, salaries and educational requirements along with completing formal and informal assessments designed to identify: current and transferable skills, interests, abilities, values and aptitudes.

#### ESSENTIAL SKILLS ENHANCEMENT 5-weeks

Once the employment goal is established, skill gaps are identified and individual essential skill enhancement/learning plans are developed.

The individual learning plans are designed to increase skill levels in all of the 9 Essential Skills. Participants will also have the option to prepare for both the GED grade 12 equivalency test and the BC Drivers written Exam

#### JOB CLUB 1-WEEK

Participants will explore the labour market; learn how to respond to job postings, develop their resume, cover letter and reference list, practice interview skills and learn how to make a positive first impression.

# THE INSTRUCTIONAL METHODS

Instruction will be experiential using a blend of lecture, large group discussion, engaging group activities, and demonstrations. Learning activities include participant presentations, role-play and simulations all relevant to enhancing competency in workplace Essential Skills.

### Eligibility

Aboriginal ancestry and able to work in Canada

Have a referral from an ACCESS Employment Counsellor

Willingness to learn about Essential Skills

Demonstrate reliability, punctuality, and have a commitment to employment and training

Hours: 9:00 am to 3:30 pm Daily: Monday to Friday



## CONTACT INFORMATION

For more information about the Essential Skills for Aboriginal Futures program, please contact an Employment Counsellor at one of the following ACCESS Employment Assistance Services Offices:

Employment Assistance Services

Suite 110-1607 E. Hastings Street Vancouver, BC V5L 1S7 Tel: 604 251-7955 Fax: 604 251-7954

Aboriginal Connections to Employment 390 Main Street Vancouver, BC V6A 2T1 Tel: 604 687-7480 Fax: 604 687-7481

ATEC Employment & Training 10757 – 138th Street Surrey, BC V3T 4K8 Tel: 778-395-0385 Fax: 604-581-0944

ESAF is located at: 735 Carnarvon Street New Westminster, BC V3M 1E6 Tel: 604 521-5929 Fax: 604 521-5931